

**1.1.3 ACTIVITIES WITH DIRECT BEARING ON  
EMPLOYABILITY/ SKILL DEVELOPMENT/  
ENTREPRENEURSHIP**

**DEPARTMENT OF HUMAN CONSCIOUSNESS AND YOGIC SCIENCES**

**2019**

**1. International workshop on Yoga Therapy**

Department of Human Consciousness and Yogic science and Dharmanidhi Yoga Peetha of Mangalore University in association with Wonkwang Digital University (WDU) South Korea, have organised three days International Workshop on Yoga Therapy from 28<sup>th</sup> to 30<sup>th</sup> January 2019, at Mangalagangothri, Mangalore University. Altogether 150 delegates including 33 Delegates from Wonkwang Digital University (WDU) South Korea, and Indian delegates from Central University Kerala, K.M.C. Manipal, Mangalore University are participating in the workshop.

During the 3days' workshop, everyday there were 3 practical sessions for Ashtanga vinyasa Yoga, and 3 sessions of workshop on basics of yoga practise and yoga therapy for sleep disorders, concentration, obesity, menstrual disorders, back pain, cardiovascular diseases, etc.

**MANGALORE  UNIVERSITY**

Accredited by NAAC with 'A' Grade

**DEPT. OF HUMAN CONSCIOUSNESS  
& YOGIC SCIENCES,  
DHARMANIDHI YOGAPEETHA**

IN ASSOCIATION WITH

**WONKWANG DIGITAL UNIVERSITY (WU),  
SOUTH KOREA**

**INTERNATIONAL WORKSHOP ON  
YOGA THERAPY**

**(FROM 28<sup>th</sup> TO 30<sup>th</sup> JANUARY 2019)**

**INAUGURAL FUNCTION**

**CHIEF GUEST**

**PROF. JONG SOON SUE**

**PROVOST, WONKWANG DIGITAL UNIVERSITY (WU), SOUTH KOREA.**

**PROF. ISHWARA P**

**HON'BLE VICE-CHANCELLOR, MANGALORE UNIVERSITY  
WILL PRESIDE.**

**DATE: 28.01.2019, TIME: 10.30 AM.**

**VENUE: DR. D. VEERENDRA HEGGADE SEMINAR HALL, LECTURE COMPLEX,  
MANGALAGANGOTRI.**

*All are cordially invited.*

**PROF. K. KRISHNA SHARMA  
ORGANIZING SECRETARY**

**PROF. A. M. KHAN  
REGISTRAR**

**MANGALORE UNIVERSITY**

Accredited by NAAC with 'A' Grade

**DEPT. OF HUMAN CONSCIOUSNESS  
& YOGIC SCIENCES,  
DHARMANIDHI YOGAPEETHA**

IN ASSOCIATION WITH

**WONKWANG DIGITAL UNIVERSITY (WDU),  
SOUTH KOREA**

**INTERNATIONAL WORKSHOP ON  
YOGA THERAPY**

**(FROM 28<sup>th</sup> TO 30<sup>th</sup> JANUARY 2019)**

**VALEDICTORY FUNCTION**

**CHIEF GUEST**

**PROF. JONG SOON SUE**

PROVOST, WONKWANG DIGITAL UNIVERSITY (WDU), SOUTH KOREA.

**PROF. A. M. KHAN**

REGISTRAR, MANGALORE UNIVERSITY

**WILL PRESIDE.**

**DATE: 30.01.2019, TIME: 03.00 PM.**

**VENUE: DR. D. VEERENDRA HEGGADE SEMINAR HALL, LECTURE COMPLEX,  
MANGALAGANGOTRI.**

*All are cordially invited.*

**PROF. K. KRISHNA SHARMA  
ORGANIZING SECRETARY**

**PROF. A. M. KHAN  
REGISTRAR**